

GLUTEN-FREE GRANOLA



Loại: Món tráng miệng

Thích hợp cho máy:
- Supercook SC400

THÀNH PHẦN

100 gram banana chips

50 gram rice cakes, broken into pieces

200 gram mixed nuts (hazelnuts, almonds, walnuts, peanuts)

50 gram puffed amaranth

80 gram gluten-free oats

50 gram pumpkin seeds

50 gram sunflower seeds

25 gram flaxseeds

25 gram sesame seeds

150 ml lít maple syrup

40 ml lít rapeseed oil

1 thìa cà phê ground cinnamon

1 nhón salt

TỔNG BỘ CHUẨN BỊ