SUPER COOK

SMOKED TROUT MUFFINS



40	shallots
1	clove of garlic
3	eggs
160	flour
1	baking powder
100	semi-skimmed milk
70	sunflower oil
30	tomato puree
2	salt
2	pepper
70	grated mozzarella cheese
30	parmesan
200	smoked trout
30	sprigs of fresh chives