

CHAUFA CHICKEN RICE



Kategori: Supper

Laget: den 2021-05-14
Kvalifisert av: Supercook CL
Foreslått av: Kitchen Center
Total forberedelsestid: 28:15 minutter

Egnet for maskin:
- Supercook SC250
- Supercook SC300
- Supercook SC350
- Supercook SC380
- Supercook SC400

LISTE MED INGREDIENSER FOR 6 PORSJONER

300 gram	ris
2 fedd	Hvitløk
10 gram	ginger chopped into 3 or 1 tsp powdered
2	gressløk
300 gram	chicken breast cut into 2 x 2 cubes
100 gram	peas (thawed)
80 milliliter	soy sauce
100 gram	bean sprouts
2	egg.
1	Green chili pepper, seeded and cut into 4 (optional)
10 milliliter	sesame oil
50 milliliter	olje
1/2	Red paprika cut in 2
100	broccoli cut in small pieces
100 gram	fresh mushrooms, quartered

TRINN FOR TRINN - TILBEREDNING

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