SUPERCOOK

VEGETABLE LASAGNA



Kategori: Supper

Laget: den 2020-08-31
Kvalifisert av: Supercook CL
Foreslått av: Kitchen Center
Total forberedelsestid: 32:40 minutter

Egnet for maskin:
- Supercook SC250
- Supercook SC300
- Supercook SC350
- Supercook SC380
- Supercook SC400

LISTE MED INGREDIENSER FOR 8 PORSJONER

12	precooked lasagna sheets
200 gram	grated parmesan
1	carrot cut in 4
1/2	onion cut in 2
1/2	bell pepper cut in 2
300 gram	grønn asparges.
2	small or 1 large zucchini
200 gram	sliced mushrooms
100 milliliter	fresh cream
50 milliliter	olivenolje
	salt and pepper to taste
1 teskje	oregano
	FOR THE BECHAMEL SAUCE (WHITE SAUCE)
60 gram	butter (for the béchamel)
500 milliliter	milk (for the béchamel)
60 gram	flour (for the béchamel)
5 gram	salt (for the béchamel)
1/2 teskje	nutmeg (for the béchamel)

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TRINN FOR TRINN - TILBEREDNING

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