

BUTTER LEMON SALMON AND CAULIFLOWER SOUP - 2 IN 1



kategori: Hidangan utama ikan dan daging

Sesuai untuk mesin:
- Supercook SC400

BAHAN-BAHAN UNTUK 4 HIDANGAN

500 gram	Salmon Fillets, approx 1-3 pieces with skin
0.25 sudu teh	salt
3 bunga cengkih	garlic
1.5 sudu besar 15ml	honey
1.5 sudu besar 15ml	lemon juice
1 sekeping	Lemon, cut into thin slices
1 sudu besar 15ml	fresh parsley, chopped
3 cubit	cayenne pepper
50 gram	butter
300 gram	Cauliflower Florets
80 gram	Yellow Onion, cut into quarters
25 gram	butter, room temperature
100 gram	Potatoes, cut into cubes
10 gram	Chicken / Vegetables stock cubes
700 gram	water
0.5 sudu teh	salt
0.5 sudu teh	Ground Black Pepper, adjust to taste

1.500 gram Paesh Melt / Bakir Temperature LANGKAH DEMI LANGKAH - PERSEDIAAN

ALATAN



Pisau bancuh (tajam)



Spatula



Vapore



Cawan penyukat