

GLUTEN-FREE GRANOLA



kategori: Pencuci mulut

Sesuai untuk mesin:
- Supercook SC400

BAHAN-BAHAN

100 gram banana chips

50 gram rice cakes, broken into pieces

200 gram mixed nuts (hazelnuts, almonds, walnuts, peanuts)

50 gram puffed amaranth

80 gram gluten-free oats

50 gram pumpkin seeds

50 gram sunflower seeds

25 gram flaxseeds

25 gram sesame seeds

150 mililiter maple syrup

40 mililiter rapeseed oil

1 sudu teh ground cinnamon

1 cubit salt

LANGKAH DEMI LANGKAH - PERSEDIAAN