

## CHICKEN WITH RICE, BROCCOLI AND MANGO CURRY SAUCE



**1** small broccoli

**1** ripe mango

**1** chicken breast

**350** rice

**100** Crushed tomato

**1** curry powder

**1** turmeric

**200** sour cream

**1** honey

**1,2** water

**1/2** pepper

**2** garlic

**50** olive oil

salt to taste