

MUSHROOM AND PEPPER OMELETTE



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|------------|------------------------------|
| 1/2 | red bell pepper cut into 2 |
| 1/2 | green bell pepper cut into 2 |
| 100 | fresh mushrooms |
| 5 | eggs |
| 40 | oil |
| | salt to taste |
| 1 | oregano |
| 1/2 | paprika powder |
| | baking paper |
| 1 | water |