SUPER

LENTIL BOLOGNESE



2	olive oil
1	onion, halved
2	cloves of garlic
2	Carrots, roughly chopped
2	celery sticks, roughly chopped
120	red lentils, drained and thoroughly rinsed
400	can tomatoes
1	heaped tablespoon vegie stock paste
1	basil, parsley salt pepper to taste