SUPER COOK

HEALTHY CHOCOLATE BROWNIES



Category: Desserts

Created: on 2017-03-18 Qualified by: Supercook AUS Suggested by: Joanna Kyprianou Total processing time: 01:10 Minutes

INGREDIENTS FOR 5 SERVES

2 cup (240 ml)	pitted dates
1/2 cup (240 ml)	Coconut Flour
1.5 cup (240 ml)	walnuts
0.5 cup (240 ml)	Cacao
2 tablespoon 15ml	vanilla extract
0.5 teaspoon	salt
1/4 cup (240 ml)	maple syrup
2 tablespoon 15ml	coconut oil

STEP BY STEP - PREPARATION

To see the full recipe, please log in.