

HUMMUS



Category: Vegetarian main courses

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 Qualified by: Supercook DE
 Suggested by: Meggo
 Total preparation time:
 01:06 Minutes

INGREDIENTS

2 can	chickpeas
125 gram	tahina
1 piece	lemon juice
2 piece	clove of garlic
2 teaspoon	sea salt
4 tablespoon 15ml	olive oil
1 measuring cup	water

STEP BY STEP - PREPARATION

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