

PALEK PANEER MIT REIS



Category: Vegetarian main courses

Additional information
Diabetics suitable,
Vegetarian, Vegan

Created: on 2017-02-08
Qualified by: Supercook DE
Suggested by: textetexter
Total preparation time:
44:06 Minutes

INGREDIENTS FOR 2 SERVES

125 gram	rice
1/2	onion
2	clove of garlic
400 gram	TK spinach leaves
250 gram	Soja Cuisine
1/2 teaspoon	curry powder
1/2 teaspoon	powdered ginger
1/2 teaspoon	Garam Masala
1/2 teaspoon	cumin
1/2 teaspoon	salt
1/4 teaspoon	pepper
1 tablespoon 15ml	cornstarch
1 tablespoon 15ml	water

STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).