

BULGUR PATTIES FOR BURGERS



Category: Vegetarian main courses

Additional information
Vegetarian

Created: on 2017-02-01
Qualified by: Supercook DE
Suggested by: textetexter
Total preparation time: 10 seconds

Suitable for machine:
- SUPERCOOK SC110
- Supercook SC250
- Supercook SC300
- Supercook SC350
- Supercook SC380
- Supercook SC400

INGREDIENTS FOR 15 SERVES

| | |
|--------------------------|------------------------|
| 2 piece | large carrot in pieces |
| 1 piece | medium zucchini |
| 1 piece | Red bell pepper |
| 1 piece | onion halved |
| 250 milliliter | water |
| 100 gram | Bulgur |
| 1 teaspoon | Soup seasoning (Gefro) |
| 250 gram | low fat curd cheese |
| 1 piece | cucumber |
| 3 tablespoon 15ml | milk |
| 1-2 teaspoon | dill |
| | salt and pepper |
| 6 tablespoon 15ml | bread crumbs |
| 4 tablespoon 15ml | flour |
| 1 piece | egg |

STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).