SUPER COOK

FISH CAKES WITH SAUCE



Category: Fish and meat main courses

Created: on 2017-01-21 Qualified by: Supercook AUS Suggested by: Badcook Total preparation time: 39:25 Minutes

INGREDIENTS FOR 6 SERVES

425 gram	tin of tuna in springwater
750 gram	diced potato (I use a mix of white and sweet potato)
1 piece	onion quartered
10 gram	garlic
1 teaspoon	dried parsley
20 milliliter	oil + oil to fry with
1 teaspoon	salt
120 milliliter	milk
1/2 cup (AUS 250 ml)	flour + flour to coat cakes
	pepper to taste
1/2 teaspoon	salt for sauce
1	egg

STEP BY STEP - PREPARATION

To see the full recipe, please log in.