

FALAFEL



Category: Vegetarian main courses

Created: on 2016-10-12
 Qualified by: Supercook CL
 Suggested by: Kitchen Center
 Total preparation time: 3 Minutes

Suitable for machine:

- Supercook SC250
- Supercook SC300
- Supercook SC350
- Supercook SC380
- Supercook SC400

INGREDIENTS FOR 6 SERVES

300 gram	skinless chickpeas
2 clove	peeled garlic
150 gram	onion cut in quarter
30 gram	bread crumbs
1 measuring cup	parsley (leaves only)
1 measuring cup	cilantro (leaves only)
	salt and pepper to taste
	frying oil

STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).