

BEEF STROGANOFF



Category: Fish and meat
main courses

Created: on 2016-02-03
Qualified by: Supercook AUS
Suggested by: aflood
Total processing time: 32:05
Minutes

INGREDIENTS

1	onion
2	Cloves Garlic
50 gram	bacon
20 gram	butter or olive oil
240 gram	mushrooms, sliced
500 gram	Rump Steak, cut into strips
60 gram	tomato paste
30 gram	vegetable stock concentrate
100 gram	water
40 gram	plain flour
10 gram	dijon mustard
120 gram	sour cream
40 gram	Worcestershire sauce
1 pinch	nutmeg
1 tablespoon (AUS 20ml)	paprika
1 teaspoon	salt

STEP BY STEP - PREPARATION

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