

## APPLE TODDLER 'PIKELETS'



Category: Bakes and Confectionery

Created: on 2016-01-06  
Qualified by: Supercook AUS  
Suggested by: madamebfatale  
Total preparation time: 04:35 Minutes

### INGREDIENTS FOR 4 SERVES

<b>2</b>	Whole apples, peeled and quartered
<b>20 gram</b>	butter
<b>1 cup (AUS 250 ml)</b>	milk
<b>1 cup (AUS 250 ml)</b>	plain flour
<b>1 measuring cup</b>	Oat Flour
<b>1</b>	egg
<b>1 tablespoon 15ml</b>	honey
<b>1 tablespoon 15ml</b>	chia seeds
<b>1 tablespoon 15ml</b>	cinnamon and nutmeg

### STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).