

ARROZ DE TAMBORIL



Category: Fish and meat
main courses

Created: on 2015-04-07
Qualified by: Supercook PT
Suggested by: Ideias
Marcianas
Total preparation time:
48:23 Minutes

Suitable for machine:
- Supercook SC250
- Supercook SC300
- Supercook SC350
- Supercook SC380
- Supercook SC400

INGREDIENTS FOR 6 SERVES

400	thawed diced monkfish
150 gram	De-shelled prawns
300 gram	rice
1	onion
2 clove	garlic
150 gram	peeled tomatoes
50 milliliter	olive oil
1	seafood broth cube
50 milliliter	white wine
1 teaspoon	chilli paste
Qb	lukewarm water
Qb	salt
Qb	fresh chopped coriander

STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).