

СЫРНИКИ ДИЕТИЧЕСКИЕ



Category: Bakes and Confectionery

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Qualified by: Supercook UA

Suggested by:
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Total preparation time:
31:30 Minutes

INGREDIENTS FOR 3 SERVES

200 gram	мягкого творога
1	egg
3 tablespoon 15ml	овсяных хлопьев
1 tablespoon 15ml	манной крупы
1 knife point	ванилин
6	силиконовых формочек для маффинов
150 milliliter	natural yoghurt
0,5 liter	кипятка

STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).