

MOELAS ESTUFADAS



Category: Fish and meat
main courses

Created: on 2014-10-02
Qualified by: Supercook PT
Suggested by: im
Total preparation time:
82:10 Minutes

Suitable for machine:

- Supercook SC250
- Supercook SC300
- Supercook SC350
- Supercook SC400

INGREDIENTS FOR 6 SERVES

3 clove	garlic
1	onion
250 gram	tomato
1	chicken stock
50 milliliter	olive oil
1	chilli
1 kilo	gizzards
1 tablespoon 15ml	paprika
1 leaf	bay leaf
50 milliliter	white wine
q.b.	salt

STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).