

LULAS GUIADAS COM BATATAS



Category: Fish and meat
main courses

Created: on 2014-09-30
Qualified by: Supercook PT
Suggested by: im
Total preparation time:
42:05 Minutes

Suitable for machine:

- Supercook SC250
- Supercook SC300
- Supercook SC350
- Supercook SC400

INGREDIENTS FOR 5 SERVES

150 gram	onion
2 clove	garlic
30 milliliter	olive oil
100 gram	tomato sauce
1 kilo	squids
50 milliliter	red wine
1 leaf	bay leaf
q.b.	salt
q.b.	pepper
1 kilo	potatoes cut into small squares
1 bunch	parsley

STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).