

## CARNE DE VACA ESTUFADA



Category: Fish and meat  
main courses

Created: on 2014-08-04  
Qualified by: Supercook PT  
Suggested by: Supercook PT  
Total preparation time:  
41:05 Minutes

Suitable for machine:

- SUPERCOOK SC110
- Supercook SC250
- Supercook SC300
- Supercook SC350
- Supercook SC400

### INGREDIENTS FOR 6 SERVES

<b>2</b>	onion
<b>2</b>	clove of garlic
<b>70 milliliter</b>	olive oil
<b>800 gram</b>	beef
<b>1 pinch</b>	salt
<b>1 pinch</b>	pepper
<b>300 milliliter</b>	white wine
<b>2</b>	carrot
<b>2</b>	tomate pelado

### STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).