

## EGGPLANT RICE FLAN



Category: Soups and Stocks

Additional information Gluten free, Traditional, Vegetarian

Created: on 2014-07-30  
Qualified by: Supercook IT  
Suggested by: Supercook IT  
Total preparation time: 66:28 Minutes

Suitable for machine:

- SUPERCOOK SC110
- Supercook SC250
- Supercook SC300
- Supercook SC350
- Supercook SC400

### INGREDIENTS FOR 6 SERVES

<b>3</b>	oval eggplants
<b>500 milliliter</b>	tomato sauce
<b>300 gram</b>	Riso Semifino Vialone Nano
<b>100 gram</b>	caciotta or mozzarella
<b>50 gram</b>	ricotta salata
<b>40 gram</b>	parmesan
<b>1/2 measuring cup</b>	olive oil
<b>1/2</b>	carrot
<b>1/2</b>	stick of celery
<b>1/4</b>	onion
<b>2 teaspoon</b>	salt
<b>1 piece</b>	red chilli
<b>4 leaf</b>	basil leaves
<b>1/4</b>	vegetable stock cube
<b>1,7 liter</b>	water

### STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).