

## STIR-FRIED BROCCOLI WITH BELL PEPPERS AND CARROTS



Category: Vegetarian main courses

Additional information  
Vegetarian

Created: on 2023-04-18  
Qualified by: Supercook SG  
Suggested by: CHONGPT48  
Total preparation time:  
21:20 Minutes

Suitable for machine:  
- Supercook SC350  
- Supercook SC400

### INGREDIENTS FOR 4 SERVES

<b>1 tablespoon 15ml</b>	soy source
<b>1 tablespoon 15ml</b>	olive oil
<b>2 piece</b>	broccoli florets
<b>1 piece</b>	sliced carrots
<b>3 piece</b>	sliced baby corn
<b>1.5 piece</b>	sliced red bell peppers
<b>1 piece</b>	Minced garlic
<b>1 piece</b>	minced fresh ginger

### STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).

### TOOLS



Mixing knife (sharp)



Spatula



Measuring cup (MC)