

# BUDIN ZAPALLO ITALIANO, CARNE DE SOYA Y PAPAS COCIDAS.



Category: Vegetarian main courses

Additional information  
Vegetarian

Created: on 2023-04-10  
Qualified by: Supercook CL  
Suggested by:  
Ale.salgadocook  
Total preparation time:  
25:33 Minutes

Suitable for machine:  
- Supercook SC300  
- Supercook SC350  
- Supercook SC380  
- Supercook SC400

## INGREDIENTS FOR 4 SERVES

<b>400 gram</b>	Italian squash
<b>1 1/2</b>	cebollas medianas
<b>60 milliliter</b>	olive oil
<b>4</b>	eggs
<b>10 gram</b>	milk cream
<b>1 tablespoon 15ml</b>	Sal Fina
<b>1 tablespoon 15ml</b>	mantequilla derretida para enmantequillar.
<b>1/2 cup (240 ml)</b>	Carne vegetal Soya
<b>90 gram</b>	grated cheese
<b>1 teaspoon</b>	oregano
<b>1 teaspoon</b>	pimentón paprika
<b>1 teaspoon</b>	aliño completo
<b>2</b>	garlic
<b>40 milliliter</b>	olive oil
<b>500 milliliter</b>	water
<b>1 pinch</b>	ground pepper
<b>800 milliliter</b>	water, hot

## STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).

## TOOLS



Mixing knife (sharp)



Mixing tool Butterfly



Spatula



Vapore



Measuring cup (MC)