

CREAMY MOTE WHEAT (CREMOSO DE MOTE)



Category: Side dish

Created: on 2022-05-04
Qualified by: Supercook CL
Suggested by: Kitchen
Center Chile
Total preparation time:
50:06 Minutes

Suitable for machine:
- Supercook SC350
- Supercook SC400

INGREDIENTS FOR 6 SERVES

500 gram dry mote wheat

500 gram zapallo camote (or butternut squash)

60 gram small onion or shallot

250 milliliter milk

120 gram cream

1250 milliliter water

1 vegetable stock cube, dissolved in 800 ml hot water

1 teaspoon salt

15 milliliter olive oil

100 gram grated parmesan cheese

50 gram chopped parsley

pepper to taste

STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).