

RED LENTIL DAL



Category: Soups and Stocks

Created: on 2022-02-04
 Qualified by: Supercook CL
 Suggested by: Kitchen
 Center Chile
 Total preparation time:
 23:20 Minutes

Suitable for machine:
 - Supercook SC350
 - Supercook SC400

INGREDIENTS

170 gram	diced carrot
15 gram	cumin seeds
15 gram	Mustard seeds
3 clove	garlic
10 gram	fresh ginger
180 gram	onion cut in quarter
30 milliliter	olive oil
10 gram	Garam Masala
15 gram	ground turmeric
1/2 teaspoon	shredded dry chili
350 milliliter	water
400 milliliter	coconut milk
250 gram	split red lentils
350 gram	ripe tomatoes
80 milliliter	lemon juice
20 gram	coriander leaves
1 pinch	pepper
	salt to taste

STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).