

## **SC400 SESAME MILKSHAKE**



Category: Mixed drinks

Created: on 2022-01-28 Qualified by: Supercook CL Suggested by: Kitchen

Center Chile

Total preparation time:

01:45 Minutes

Suitable for machine:

- Supercook SC350
- Supercook SC400

## **INGREDIENTS**

100 gram	raw sesame seeds, soaked for 5 minutes
1 liter	water
1	cup of spinach
5 leaf	peppermint
2	apples peeled and quartered
2	carrots cut in six
2 tablespoon 15ml	honey

## STEP BY STEP - PREPARATION

To see the full recipe, please log in.