

SESAME MILKSHAKE



Category: Mixed drinks

Created: on 2022-01-28
 Qualified by: Supercook CL
 Suggested by: Kitchen
 Center Chile
 Total preparation time:
 01:45 Minutes

Suitable for machine:
 - Supercook SC350
 - Supercook SC400

INGREDIENTS

100 gram	raw sesame seeds, soaked for 5 minutes
1 liter	water
1	cup of spinach
5 leaf	peppermint
2	apples peeled and quartered
2	carrots cut in six
2 tablespoon 15ml	honey

STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).