

## SPINACH, ASPARAGUS AND SQUASH CREAM



Category: Soups and Stocks

Created: on 2022-01-27  
 Qualified by: Supercook CL  
 Suggested by: Kitchen  
 Center Chile  
 Total preparation time:  
 27:05 Minutes

Suitable for machine:  
 - Supercook SC350  
 - Supercook SC400

### INGREDIENTS

- 500 gram** irregularly chopped spinach
- 300 gram** sweet potato squash cut into 3x3 cm cubes
- 200 gram** diced asparagus
- 1/2** onion cut in 2
- 1/2** green bell pepper cut in 4
- 1** celery stalk cut in 4
- 1 clove** garlic
- 1** vegetable stock
- 1 1/2 liter** water, hot
- 40 milliliter** olive oil
- 10 gram** basil
- 50 milliliter** cream
- salt and pepper to taste

### STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).