

SPINACH, ASPARAGUS AND SQUASH CREAM



Category: Soups and Stocks

Created: on 2022-01-27
Qualified by: Supercook CL
Suggested by: Kitchen
Center Chile
Total preparation time:
27:05 Minutes

Suitable for machine:
- Supercook SC350
- Supercook SC400

INGREDIENTS

500 gram	irregularly chopped spinach
300 gram	sweet potato squash cut into 3x3 cm cubes
200 gram	diced asparagus
1/2	onion cut in 2
1/2	green bell pepper cut in 4
1	celery stalk cut in 4
1 clove	garlic
1	vegetable stock
1 1/2 liter	water, hot
40 milliliter	olive oil
10 gram	basil
50 milliliter	cream
	salt and pepper to taste

STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).