SUPER COOK

VEGETABLE LASAGNA



Category: Soups and Stocks

Created: on 2020-08-31 Qualified by: Supercook CL Suggested by: Kitchen Center Total preparation time: 32:40 Minutes

Suitable for machine:

- Supercook SC250
- Supercook SC300
- Supercook SC350
- Supercook SC380
- Supercook SC400

INGREDIENTS FOR 8 SERVES

12	precooked lasagna sheets
200 gram	grated parmesan
1	carrot cut in 4
1/2	onion cut in 2
1/2	bell pepper cut in 2
300 gram	green asparagus
2	small or 1 large zucchini
200 gram	sliced mushrooms
100 milliliter	fresh cream
50 milliliter	olive oil
	salt and pepper to taste
1 teaspoon	oregano
	FOR THE BECHAMEL SAUCE (WHITE SAUCE)
60 gram	butter (for the béchamel)
500 milliliter	milk (for the béchamel)
60 gram	flour (for the béchamel)
5 gram	salt (for the béchamel)
1/2 teaspoon	nutmeg (for the béchamel)

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STEP BY STEP - PREPARATION

To see the full recipe, please log in.