# SUPER COOK

### **BEEF AND VEGETABLE STEW**



## Category: Fish and meat main courses

Created: on 2020-05-27 Qualified by: Supercook CL Suggested by: Kitchen Center Total preparation time: 35:10 Minutes

Suitable for machine:

- Supercook SC250
- Supercook SC300
- Supercook SC350
- Supercook SC380
- Supercook SC400

#### INGREDIENTS

1	onion cut in quarter
<b>100 gram</b>	chorizo sliced 1 centimeter
<b>700 gram</b>	sirloin or rump cut into cubes of approximately 3x3
<b>300 gram</b>	potatoes cut into large cubes
<b>100 gram</b>	spring vegetables (thawed)
100 milliliter	red wine
50 milliliter	oil
100 milliliter	water
1	beef broth cube
1 pinch	color chili pepper
1	pepper to taste
	salt to taste

### **STEP BY STEP - PREPARATION**

To see the full recipe, please log in.