

SPINACH AND POTATO STEW



Category: Vegetarian main courses

Created: on 2019-07-02
 Qualified by: Supercook CL
 Suggested by: Kitchen Center
 Total preparation time: 20:15 Minutes

Suitable for machine:

- Supercook SC250
- Supercook SC300
- Supercook SC350
- Supercook SC380
- Supercook SC400

INGREDIENTS FOR 3 SERVES

| | |
|--------------------------|---|
| 500 gram | clean and stemless spinach |
| 300 milliliter | water |
| 1 | chopped carrot |
| 3 | chopped chives (or half onion cut in 2) |
| 30 milliliter | olive oil |
| 4 gram | salt |
| 1 clove | garlic |
| 2 | peeled and diced potatoes |
| 1/2 teaspoon | pepper |
| 1/2 teaspoon | grated ginger |
| 1 tablespoon 15ml | coriander or parsley (optional) |

STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).

TOOLS



Mixing knife (sharp)



Spatula



Measuring cup (MC)