

BEEF AND CREAM



Category: Fish and meat
main courses

Created: on 2019-01-30
Qualified by: Supercook CL
Suggested by: Kitchen
Center
Total preparation time:
30:15 Minutes

Suitable for machine:

- Supercook SC250
- Supercook SC300
- Supercook SC350
- Supercook SC380
- Supercook SC400

INGREDIENTS

800 gram	asiento o posta cortada en trozos de 3x4
3 tablespoon 15ml	flour
40 milliliter	oil
1	onion cut in quarter
2 clove	garlic
200 gram	fresh sliced mushrooms
1/2 tablespoon 15ml	color chili pepper
1/2 teaspoon	tarragon
	salt to taste
1 teaspoon	black ground pepper
1 measuring cup	chopped parsley
100 milliliter	white wine
100 gram	fresh cream
10 milliliter	lemon juice

STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).

TOOLS

