

## ITALIAN ZUCCHINI STEW



Category: Vegetarian main courses

Created: on 2019-01-29  
Qualified by: Supercook CL  
Suggested by: Kitchen Center  
Total preparation time: 25:10 Minutes

Suitable for machine:

- Supercook SC250
- Supercook SC300
- Supercook SC350
- Supercook SC380
- Supercook SC400

### INGREDIENTS FOR 3 SERVES

<b>3</b>	zapallitos italianos medianos, en trozos
<b>1</b>	red bell pepper in pieces
<b>30 milliliter</b>	olive oil
<b>1</b>	chopped leek or onion cut in 4
<b>120 milliliter</b>	water
<b>1/2 teaspoon</b>	color chili pepper
<b>1/2 teaspoon</b>	pepper
<b>1/2 teaspoon</b>	oregano
	salt to taste
	lemon juice
<b>1 tablespoon 15ml</b>	mustard

### STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).

## TOOLS



Mixing knife (sharp)



Spatula



Vapore



Measuring cup (MC)