

AVOCADO CREAM WITH PUMPKIN SEEDS



Category: Side dish

Additional information
Barbecue

Created: on 2013-08-08
Qualified by: SupercookChef
Suggested by: Supercook
Master
Total preparation time:
02:30 Minutes

Suitable for machine:
- Supercook SC250
- Supercook SC300
- Supercook SC350
- Supercook SC380
- Supercook SC400

INGREDIENTS FOR 4 SERVES

2 tablespoon 15ml	pumpkin seeds
2	ripe avocado
2 tablespoon 15ml	lemon juice
2 tablespoon 15ml	pumpkin seed oil
	salt and pepper to taste

STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).