

CARBONADA



Category: Soups and Stocks

Created: on 2017-08-10
 Qualified by: Supercook CL
 Suggested by: Kitchen Center
 Total preparation time: 21:10 Minutes

Suitable for machine:

- Supercook SC250
- Supercook SC300
- Supercook SC350
- Supercook SC380
- Supercook SC400

INGREDIENTS FOR 7 SERVES

300 gram	minced meat
1/2	onion cut in 2
1	chopped carrot
1/2	color chili pepper
200 gram	diced potatoes
150 gram	Diced squash
150 gram	frozen vegetables (corn, peas and green beans)
60 gram	rice
40 milliliter	oil
1 liter	water
1	broth, beef
2 tablespoon 15ml	fresh chopped cilantro
1 tablespoon 15ml	oregano
1/2 teaspoon	color chili pepper
1 tablespoon 15ml	soy sauce
	salt and pepper to taste

STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).

TOOLS



Mixing knife (sharp)



Spatula



Measuring cup (MC)