

## SATAY BEEF WITH VEGETABLES



Category: Fish and meat  
main courses

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Total preparation time:  
28:05 Minutes

### INGREDIENTS FOR 6 SERVES

<b>1</b>	Brown Onion, cut into quarters
<b>1 clove</b>	garlic
<b>1 tablespoon (AUS 20ml)</b>	Peanut or Olive Oil
<b>500 gram</b>	stir-fry beef
<b>120 gram</b>	smooth peanut butter
<b>1 can</b>	coconut milk
<b>1/2</b>	lemon, juiced
<b>500 gram</b>	mixed vegetables, chopped i.e. broccoli, carrot and zucchini
	Rice or noodles to serve

### STEP BY STEP - PREPARATION

To see the full recipe, please [log in](#).

### TOOLS

